

Instructions for Post Surgical Care
Removing & Changing Diapers

1. **DO NOT** attempt to change your child's diaper unless someone else is holding both of your baby's feet. If your child's feet are not restrained your baby may disturb the dressing with his feet causing serious bleeding. When changing your child's diaper, **OPEN THE DIAPER SLOWLY & CAREFULLY** in order not to disturb the dressing beneath. Take a 3 x 3 sterile gauze pad (make sure to only touch the corner of the gauze pad), squeeze a generous 1 inch ring of Neosporin ointment (or any triple antibiotic ointment) on the gauze pad, then place the gauze pad directly on top of the original dressing. The original dressing **MUST** remain in place until it will be professionally removed within 48 hours of your child's Bris.
2. Line the clean diaper with a cloth diaper, by doing so you're adding additional padding and comfort for your baby no matter in which position he's in, additionally since your babies healing process needs air, the lined cloth diaper provides air flow which the diapers plastic restricts.
3. At the first diaper change you will notice the entire diaper looks RED. Know that the redness was created by the urine washing out the little blood left over from the Bris, as you'll notice the second diaper change will be pink and by the 3rd or 4th diaper change the diaper will be fully clear.

THE 1st 36 HOURS AFTER THE BRIS

- 1) If your baby doesn't bother you, **DON'T** bother him.
- 2) If he's hungry or wants to be changed he'll call you loud and clear.
- 3) Your child may lie in any position that seems comfortable (even on his stomach).
- 4) If your child seems irritable, you may give him a 1/2-dropful (.4 ml) of liquid infant Tylenol every 4 hours as needed.
- 5) After the first 24 hours, you will see several things. The head of the penis will be red or purple. It is neither infected nor bleeding. It is red because until now it has not come into contact with light or air. This redness will disappear soon. You may also see swelling beneath the glans (the head of the penis is not swollen; only the tissue beneath it is). This is normal. The swelling will go down within a few days. You might also see a mucous discharge. This is lymphatic secretion which might vary in color from white, yellow, green, or gray. It might be noticed on the head or shaft of the penis and will resemble a soft scab or a film. In some cases, the build-up of this secretion might look like pus or a blister, but it is neither. Do not attempt to remove it from the penis, since doing so might cause bleeding or discomfort. Just leave it alone and it will go away.

VERY IMPORTANT

Under NO circumstances shall the original dressing that was placed during the Bris be removed, it may result in serious bleeding.

If you have any questions don't hesitate to call